



Extra! Extra! Read all about it!

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VOICES OF VERITAS

A monthly newsletter published by VCA students

Happy Thanksgiving from the Voices of Veritas staff!

If you have a story idea you would like us to consider for a future issue, please e-mail us at newsletter@veritasca.com. We'd love to hear from you!

A Journey Through Colonial History

by Caleb Elgut

On Friday, October 19th, the 5th-12th grade students visited the Colonial Capital of Virginia, Williamsburg. There they got a taste of life in Eighteenth-Century America, as the town is frozen in time in the year 1776.

What a treat it was to interact with America's ancestors, as we strolled down restored Duke of Gloucester Street, and experienced Colonial America as it was over 225 years ago. The tour, for many of the students, began at the Visitor's Center and proceeded to the Capitol building, where the likes of Thomas Jefferson, Richard Henry Lee, and James Madison served their terms as governor. It was also the place where Patrick Henry deliv-

ered his famous "Caesar-Brutus" speech against the Stamp Act on May 29, 1765.

The students visited many other historic sites, such as the George Wythe House, where Thomas Jefferson studied law, and the splendid Governor's Palace, home to seven royal governors, Patrick Henry, and Thomas Jefferson. The highlight of the trip for the 9th-12th grade students was the tavern luncheon consisting of the *Kings Arms Chopped Salat*, *Norfolk Potage Pye*, and homemade vanilla ice cream, served up at the King's Arms Tavern. Known in colonial times as the restaurant where the elite would meet and eat, the atmosphere at tavern was one of

simple elegance, befitting the statesmen and gentry who often dined here. It was here that Senior Aaron Warnecke, Junior Cassidy Cicchetto, and Sophomore Laura Cagle had an opportunity to impress the group with a colonial dance, courtesy of colonial interpreter Mr. John Greenhow. What a great time to participate in and experience Colonial life, first hand, before we hold our annual Colonial Dance and Feast next month.

Down on the Farm

by Jessica Hewitt

On Wednesday, October 17, 2007, VCA elementary students visited Hunt Club Farm. The students enjoyed a hay ride and picnic lunch, and had the opportunity to pet and feed many animals, including goats, chickens, pigs and even exotic birds. One student remarked, "The animals

were different than the usual cat or dog, so they were more fun to look at and pet." Students also enjoyed going through a pumpkin patch to find a souvenir pumpkin to take home. The teachers had a pleasurable time as well, and as Mrs. Cagle stated, "It was a good opportunity to



get the kids out of the classroom and still learn." Overall this annual tradition was once again a memorable trip and was a lot of fun.

Mark Your Calendar!

By Jessica Hewitt

Once again here are the upcoming events at VCA. If you have any questions, please feel free to call the front office.

- Nov. 2 - Teacher Workday, no school for students!
- Nov. 2 - Colonial Dance Practice, 7-9pm
- Nov. 9 - Colonial Dance Practice, 7-9pm
- Nov. 12 - Veterans Day, School and Office Closed
- Nov. 15 - 11:00 Dismissal-Parent Conferences
- Nov. 15 - Colonial Dance Practice, 7-9pm
- Nov. 16 - 11:00 Dismissal-Parent Conferences
- Nov. 20 - Thanksgiving Luncheon (Grades 7-12)
- Nov 21-23 - Thanksgiving Break (11:00 Dismissal on 21st)
- Nov 29 - Colonial Christmas Dance - Founders Inn 6:30-9:30
- Nov. 30 - School closed in recuperation from the Colonial Dance!

Colonial Christmas Dance and Feast

by J.D. Hewitt

It's right around the corner! The 2007 Colonial Dance is set for November 29 at the Founders Inn from 6:30-9:30pm. Last year's experience was great, and we are looking forward to an even bigger success this year. The menu is going to be similar to last year. It will be buffet-styled including prime rib, fried fish, steamed vegetables, and a large variety of desserts. There will be plenty of time to dance so make sure you attend the Colonial Dance practices held at Greenbrier North YMCA. Practices will be held on

November 2nd, 9th and 15th. We will be instructed by Mr. Vosteen, who is a professional colonial dance instructor from Williamsburg. Everyone is encouraged to dress fit for this occasion in the proper garb. Costumes can be rented from *Echoes of Time* in Virginia Beach. You may contact the office for directions. This

will be a great time for fun, food, and fellowship and is a grand event to participate in because we are helping keep an aspect of our nation's history and culture alive for the next generation. This is one of the highlights of our year so make sure you are a part of it! We eagerly look forward to seeing you there the 29th of November.



Scripture of the Month:

"Being confident of this very thing, that He which hath begun a good work in you will perform it until the day of Jesus Christ." Philippians 1:6

FROM THE HEADMASTER: Students Explore Medicine at EVMS

by Mr. Sean Elgut

One of the goals of Veritas is to bring our students to a deeper level of knowledge, understanding and wisdom about God and the universe around them. This goal can most successfully be accomplished by encouraging the student body to get involved with programs outside the classroom, which complement the teachings here at the school. The *Medical Explorers Program* is one such endeavor. Each month, an elite group of young adults who are interested in the fields of medicine and health professions, gather at EVMS (Eastern Virginia Medical School) in Norfolk, to gain a greater understanding of the career choices in the medical field, which are available to them. Through tours, guest speakers in

specific fields of medicine, discussions, lectures, and laboratory activities, the students' minds are opened to the many facets of the world of medicine, as well as encouraged toward higher levels of learning and understanding in these fields.

This year, five students at Veritas are enrolled in the *Medical Explorers Program*: Laura Cagle, Cassidy Cicchetto, Caleb Elgut, Jessica Hewitt and Jonathan Hewitt. The first meeting took place on the evening of October 24th. The students spent half the evening in the medical school's *Cadaver Lab*, and had the rare privilege of examining actual human body tissue. In addition to the time spent with the cadavers, the students attended a one hour

lecture on the *Aging Process* given by EVMS Neurologist, Dr. Aravach. According to Laura Cagle, the program was "...much more than I thought it would be!" Sophomore Jessica Hewitt remarked, "At first, I was a little worried about seeing actual dead bodies, but once I got there (*Cadaver Lab*) it was pretty incredible... what a privilege!"

The program, open to students who are at least 14 and in the ninth grade, meets the fourth Wednesday of each month. November's topic will be Forensics (Nov. 28th), and December's topic will be Nursing (Dec. 19th). If you are interested in the program and missed out on the October meeting, you may still be able to enroll. Please see Mr. Elgut for details.

The Freedom Challenge

by Jessica Hewitt

The First Annual Freedom Challenge will be held on December 1, 2007 at Great Bridge Locks. The Freedom Challenge will be an event similar to the show "Treasure Hunters" on NBC. Students will learn all they can about The Battle of Great Bridge which occurred on December 9, 1775,

then they will follow clues on a treasure hunt as they compete for a cash prize and a trophy to be presented by the mayor.

Participating students were selected from the 10th, 11th and 12th grades and are as follows: Laura Cagle, Caleb Elgut, Tim Folsom, Lee Gable, Justin Hernandez,

Jessica Hewitt, Jonathan Hewitt and Aaron Warnecke. This is a fun way to learn about the history of a war that happened right where we live. If you're interested in finding more about what we're doing please call the school office, and don't forget to cheer for us on December 1st.

Happy Birthday!!



NOVEMBER:

- 2 - Jordan Melone
- 3 - Kyle Coffey
- 5 - Reed Rickards
- 11 - Kimberly Bering
- 12 - Connor Richards
- 13 - Michael Malpass
- 18 - Kimberly Haggard
- 23 - Alexis Bivins

Quote of the Month:

"Even if you're on the right track, you'll get run over if you just sit there."

William Penn

Deporte Noticias!

By J.D. Hewitt

GOLF

The VCA Golf Team is making significant progress in preparation for the up-coming season which will begin in February. The Lord has been faithful once again by blessing us with Virginia Beach National as our home course, to use for unlimited practice, play and matches. This was once a

Tour Players Course and was played regularly by the PGA Tour. If you are interested, there is still plenty of time to join the team. There is a mandatory try-out that must be passed before joining. Current members of the team include Shannon Bering, Lee Gable, Jonathon Hewitt, Brett Parsons, Mikey Parsons, Luke Waite and Seth Warnecke. We look forward to a great season!

SWIMMING

The VCA Swim Team is in the midst of preparing for their season as well. Miss Andrea Swaney is doing an excellent job instructing the team, coaching the correct form and technique of the main types of swimming strokes. They are doing a lot of drills, laps, and having a lot of fun, giving it their all to be competitive in their swim meets starting in late November. Current members of the swim team include Josh Ackerman, Alexis Bivins, Kyle Coffey, Katlyn Dalmas, Heather Newby, Christopher Olson, Emily Pearson, Benjamin Rhoads, Tyler Rhoads, Gage Turner, Daniella Wornom and Tori Wright. We are looking forward to the success of the swim team!

